

# GRADE IV

(Minimum age 8 years )

## 1.Entry

Each candidate will greet the examiner and hand the examination report to him/her.

## 2.Preparation for Dance (with music in character, appropriate for the genre)

Using hip action throughout:

	Bars
LF to side, RF in place, Close LF to RF. Tap RF, clap hands	1
RF to side, LF in place, Close RF to LF. Tap LF, clap hands	2
Repeat bars 1 and 2	3-4
LF to side, punch L arm up. Close RF to LF, punch R arm up, retract L arm LF to side , punch L arm forward, retract R arm (fist to chest, elbow extended to side) Tap RF to LF, punch R arm forward, retract L arm (fist to chest, elbow extended to side)	5
RF to side, punch L arm up. Close LF to RF, punch R arm up, retract L arm RF to side , punch L arm forward, retract R arm (fist to chest, elbow extended to side) Tap LF to RF, punch R arm forward, retract L arm (fist to chest, elbow extended to side)	6
Repeat bars 5 and 6	7-8
LF to side Plié, hands on knees. Close LF to RF, Clap hands	9
RF to side Plié, hands on knees. Close RF to LF, Clap hands	10
Repeat bars 9 and 10	11-12
With feet apart, knees slightly flexed, circle hip to R	13
With feet apart, knees slightly flexed, circle hip to L	14
Isolate ribs moving upper body to R side, L side, R side, L side	15
Isolate ribs circle upper body anti-clockwise to R. Close RF to LF	16

(May circle clockwise when repeated) To be performed twice.

## 3.Dance Demonstration

Demonstrate all routines twice to music with a partner.

### Rumba

Commence in Open Position with L to R hand hold

Steps		Timing
1-6.	Curl	2341 2341
7-12.	Hockey Stick turned to Open CPP	2341 2341
13-15.	Underarm turn to Left	2341

16-24.	Natural Top	2341 2341 2341
25-30.	Continuous Hip Twist using the Advanced Opening Out Movement	2341 2341
31-36.	Spiral to Fallaway	2341 2341
37-39.	Cuban Rocks	2341
40-42.	Spot Turn to Left	2341

## Samba

Commence in Close Hold facing Wall

Steps		Timing
1-3.	Promenade Botafogo	1a2
4-6.	Side Samba Walk	1a2
7-9.	Stationary Samba Walk LRL leading lady to dance a Three Step Turn (123)	1a2
10-18.	Samba Locks	QQS QQS QQS
19-25.	Continuous Volta Spot Turn to R	1a2a1a2
26-32.	Continuous Volta Spot Turn to L (end backing LOD)	1a2a1a2
33-38.	Backward Rocks on LF and RF	SQQ SQQ
39-45.	Plait	SS QQS SS
46-48.	4-6 Reverse Turn	1a2

## Cha Cha Cha

Commence in Open Position with L to R hand hold

Steps		Timing
1-10.	Open Hip Twist Spiral	234&1 234&1
11-16.	Split Cuban Break from Open CPP and Open PP	2&3 4&1
17-23.	Split Cuban Break in Open CPP	2&3 4&1
24-28.	Check from Open CPP	234&1
29-33.	Spot Turn to Left	234&1
34-38.	1-5 Open Basic	234&1
39-48.	Method 2 of Changing Feet	234&1 234&1
49-58.	1-10 Close Basic using Ronde Chasse and Hip Twist Chasse	234&1

		234&1
59-61	Cha Cha Cha Lock Forward LRL	2&3
62-64	Cha Cha Cha Lock Forward RLR	4&1
65-70	Method 3 of Changing Feet	&23 4&1

### Paso Doble

Commence in Close Hold facing Wall

Steps		Timing
1-4.	4 Sur Place	12 12
5-20.	Sixteen	12 12 12 12 12 12 12 12
21-28.	Fallaway Reverse	12 12 12 12
29-32	1-4 Spanish Line	12 12
33-37.	Flamenco Taps	12& 12
38-41.	5-8 Spanish Line	12 12
42-46.	Flamenco Taps	12& 12
47-50.	Promenade Close	12 12
51-54.	Attack commenced facing Wall	12 12

## 4. Knowledge and Understanding

Paso Doble – Demonstrate and count to music; the shaping used during the Sixteen.

Cha Cha Cha – Demonstrate and count to music; two rhythms, selected by the candidate from the set routine above, that illustrate different timings.

## 5. Skill

Dance twice, with music, the following Solo Callisthenic Exercise in Rumba.

Commence by taking a preparatory step back on LF, timed 41.

Backward Walk RF – Weight transfer in place LF –Forward Walk RF	2341
Forward Walk LF – Forward Walk Turning RF– Backward Walk LF	2341
RF closed to LF – Forward Walk LF – Forward Walk RF	2341
Checked Forward Walk LF – Weight transfer in place RF – Backward Walk LF	2341

## 6. Exit

Candidates will acknowledge and thank the examiner before leaving the examination room.