

PREPARATORY GRADE

(Minimum age 4 years)

1.Entry

Each candidate will greet the examiner and hand the examination report to him/her.

2.Preparation for dance (with music in character, appropriate for the genre)

	Bars
Forward and backward arm swings with Plies, arms in parallel position	1 - 4
Rise on to toes, raising arms to a forward parallel position	5
Lower through knees and ankles, arms to neutral position	6
Repeat bars 5 and 6	7-8
Forward point and close	9
Repeat on opposite foot	10
Repeat bars 9 and 10	11-12
Mark time with opposition arm swings	13-16

To be performed twice

3.Dance Demonstration

Demonstrate all routines twice to music with a partner.

Rumba

Start in Close Hold. Commence after count of 123.

Steps		Timing
1.	RF to side	41
2.	LF closed to RF	2
3.	Transfer wt to RF	3
4.	LF to side	41
5.	RF closes to LF	2
6.	Transfer wt to LF	3
7-12.	Repeat steps 1-6	4123 4123
13.	RF to side turning slightly to R	41
14.	LF fwd in Open CPP	2
15.	Replace wt to RF	3
16.	LF to side turning to L	41
17.	RF fwd in Open PP	2
18.	Replace wt to LF	3
19-24.	Repeat steps 13-18 turning to R and L	4123 4123

Samba

Start in Close Hold facing Wall.

Steps		Timing
1.	LF to side	1
2.	RF closes to LF w/o wt	2
3.	RF to side	1
4.	LF closes to RF w/o wt	2
5-8.	Repeat steps 1-4	12 12
9.	LF to side	1
10.	RF crosses loosely behind LF	2
11.	RF to side	1
12.	LF crosses loosely behind RF	2
13-16.	Repeat steps 9-12	12 12

Cha Cha Cha

Start in Close Hold. Commence after count of 123.

Steps		Timing
1-5.	Cha Cha Cha Chasse to Right (RLR) close LF to RF then transfer wt to RF (mark time action)	4&123
6-10.	Cha Cha Cha Chasse to Left (LRL) close RF to LF then transfer wt to LF (mark time action)	4&123
11-20.	Repeat steps 1-10	4&123 4&123
21-25.	Repeat steps 1-3 turning slightly to R then step fwd LF in Open CPP ; replace wt to RF	4&123
26-30.	Cha Cha Cha Chasse (LRL) turning to Left. RF fwd in Open PP. Replace wt to LF	4&123
31-40.	Repeat steps 21-30 turning to R and L	4&123 4&123

4. Knowledge and Understanding

Clap to music the Cha Cha Cha rhythm as used in the Time Step 123 4&1 23 4&1

5. Skill

Dance with music the Cha Cha Cha Time Step .

6. Exit

Candidates will acknowledge and thank the Examiner before leaving the examination room