

GRADE II

(Minimum age 7 years)

1.Entry

Each candidate will greet the examiner and hand the examination report to him/her.

2.Preparation for dance (with music in character, appropriate for the genre)

	Bars
Forward and backward arm swings with Plies, arms in parallel position	2 Bars
Forward and backward arm circles alternating arms, with Plies	2 Bars
RF to side, 2 Hip Bumps to R, 2 Hip Bumps to L, move hips RLRL	2 Bars
Repeat Hip Bumps	2 Bars

Pointing the toe during the first three movements,each movement takes 2 counts of music:

	Bars
Extend RF forward - Extend RF back - Extend RF to R side – Close RF to LF	2 Bars
Repeat using LF	2 Bars
Extend RF back - Extend RF forward - Extend RF to R side – Close RF to LF	2 Bars
Repeat using LF	2 Bars

To be performed twice.

3.Dance Demonstration

Demonstrate all routines twice to music with a partner.

The Basic Movement in Rumba and Cha Cha Cha may be dance with or without the standard amount of turn.

Rumba

Start in Close Hold.

Steps		Timing
1-6.	Basic Movement finished in Open CPP	2341 2341
7-9.	Check from Open CPP	2341
10-12.	Spot Turn to Left	2341
13-21.	Hand to Hand	2341 2341 2341
22-24.	Underarm Turn to Right finished in Open CPP	2341
25-27.	Underarm Turn to Left	2341
28-30.	7-9 Natural Top	2341

Samba

Start in Close Hold facing Wall.

Steps		Timing
1-6.	Samba Side Chasses	QQQQSS
7-9.	Samba Whisk to L	1a2
10-12.	Samba Whisk to R ended in PP	1a2
13-15.	Promenade Samba Walks	1a2
16-18.	Side Samba Walk turning to face Partner	1a2
19-24.	2 Stationary Samba Walks	1a2 1a2

Cha Cha Cha

Start in Close Hold.

Steps		Timing
1-10.	Close Basic finished in Open CPP	234&1 234&1
11-15.	Check from Open CPP	234&1
16-20.	Spot Turn to Left	234&1
21-42.	1-10 Hand to Hand replacing the Cha Cha Cha Chasses with Three Cha Cha Cha finished in Open CPP	234&1 2&3 4&1 234&1 2&3 4&1
43-47.	Check from Open CPP	234&1
48-52.	Underarm Turn to Right	234&1

Paso Doble

Start in Close Hold facing Wall.

Steps		Timing
1-8.	Promenade	12 12 12 12
9-12.	Elevations to Right knees straight	12 12
13-16.	Elevations to Right knees compressed	12 12
17-20.	Attack	12 12
21-24.	4 Sur Place	12 12
25-32.	Separation	12 12 12 12
33-36.	4 Backward Basic Movement curved to L to face wall	12 12

4.Knowledge and Understanding

Demonstrate with music:(Boy)Cha Cha Cha Chasse to Right (RLR) finished in Open CPP.

(Girl)Cha Cha Cha Chasse to Left (LRL) finished in Open CPP – Check from Open CPP – Check from Open PP to show the correct hold and use of the arms.

Paso Doble – Demonstrate Solo with music Sur Place, at the same time count the rhythm (8 counts)

5.Skill

Dance twice, with music, the following Solo Callisthenic Exercise in Rumba.

Commence by taking a preparatory step back on LF, timed 41.

Backward Walk RF – Weight transfer in place LF – Forward Walk RF	2341
Six Rumba Forward Walks commence LF	2341 2341
Checked Forward Walk LF – Weight transfer in place RF – Backward Walk LF	2341
Six Backward Walks commence RF	231 2341

6.Exit

Candidates will acknowledge and thank the Examiner before leaving the examination room.